Try This Yourself!

Strengthening the Back and Giving Poise,

SOCIETY TURNS TO EXERCISE.

Lenten Athletics the Very Latest of Amusements.

TO DRESS WELL,

The Fit of the Gowns Nowadays Depends on the Way the Subject Lives.

Not only her gowns, but the way she Kent, Robinson, Reyno shall wear them, is a subject of Lenten Maur, Honey, McEwen, ly she hangs upon the words of the health culturist not less than those of the coutu-

face is a tired and lined one. Therefore the ing her time between good works for sweet harity's sake and gymnastic exercises for

erising gymnastic exercises at home which social occupations had previously prevented them from indulging in. These kercises are here described by Miss E. Margnerite Lindley, the prominent health

SOME AMUSEMENT NOTES. BE A GYMNAST. Items of Interest Concerning People Well Known in the Theatrical

> The title of the new play written by Charles Coghlan for his sister Rose, and which A. M. Palmer will produce at proval either by Mr. Palmer or Miss Cogh upleted. It will include Messri

BLUE CHINA.

Here Is a Find That Makes It Very Valuable.

UNEARTHED Such a Breaking Up of Pedigrees New York's Four Hundred Has

8,000 DUTCH WILLS

Three thousand old Dutch wills, bearing intimately upon the family history of the old settlers of the New Netherlands, have een found at Albany. In consequence here is such a flutter among the Four

Never Seen.



Strengthening Hip and Thigh.

PIANISTS' HAIR.

strated the fact that music has a direcpercentage of baldness is 12 per cent. which is about the average of people ger

erally.
Performers on the plano, violin, or other

Here is a New and Novel Theory That Explains the Mystery of Pade-rewski's Locks.



SILK WAISTS GALORE.

Jan Jansen Bleecker and all the good patroons, burgomeisters and members of

New Creations ware by the closetful, resurrections of pew-er mugs and tankards, from family gar-ets, and the giving of Dutch luncheons. Seen in the Paris Shops. DARING COLOR

> COMBINATIONS. Fancy Bodice for Eulalie and Swell American Women Who Buy

> Paris, Feb. 28.-Whoever it was that prevalst fashlon this year should look in on the Paris shops to be thoroughly convinced of

Abroad.

The slik waist is a fashion that boasts the arest virtues. Its great breadth admits of all sorts and kinds of silk waists, and the tyle adapts itself to all lengths of purses,

The Princess Eulalie and her mother, ex-Queen Isabella, are the "star" shoppers. ld the Princess" is often displayed to you,

An obliging bodice-maker in extraordi-ary to Her Highness and to the crowned n rows upon rows of fluted and platted rib-

Another was a brocaded slik, thin-per-aps I should have said a figured slik. It rs, or cousins, or aunts, would look in

The quantities of new models shown at he shops along the Boulevard suggest anyhing else but an exhausted supply of orignit put on the quantity or the quality of

ttle extra knot of ribbon or lace added and very bold attempt at new combinations of

great plenty in the bodices, and greater plenty in the sleeves, for that rumor of diminishing sleeves has all ended in talk. A the name cards were in the minishing sleeves has all ended in talk. A dark silk waist I saw the other day that went with a travelling suit of brown Amawan travelling suit of brown Amawa



PUSSY CAT LUNCHEONS, Unique Affairs Given By New York

Society Girls During Cat Show Week Pussy cat luncheons have been a fad of

the week among society girls. The invi-tations read: "You are invited to a pussy cat luncheon and afterward to join n party for the Cat Show

'skimpiness." There must be an air of plate a cluster of pussy willows was laid,

realistically painted. Across the body of the cat the guest's name was printed in silver letters.

The menu was a simple, dainty one, its chief povelty being reserved until the last course. Then, in connection with the lees, which looked like very cold, thry white littens, a willow basket was laid at each plate. The baskets were unusually large for a luncheon table. They were painted silver, and the cover was ornamented by a big yellow bow.

A most surprising sound came from one basket before it was time for the cover to be lifted, and before the sound could be investigated, a tiny kitten's head lifted up the cover and a disconsolate mew was heard. Each basket contained a bit of a maltese kitten and a souvenir, in a gray veivet case beside.

The souvenirs were most unique. One was a pussy cat brooch, made in white and gray enamel, with tiny diamonds for cyes. Another was a white ribbon belt, with an exact representation of a maltese kitten's head, done in gray enamel for the clasp.

The literary girl received along with her

clasp.

The literary girl received along with her live kitten a gold book-mark, with a kitten's head as its ornamentation. Other souvenirs were pocket books, with gold kittens' heads sunk deep in the leather and odd little bronze stamp boxes with two gray bronze kittnes dancing the two-step on the cover in a most gay and frivolous manner.



For an Easy Carriage.